



## **COVID-19 Guidelines – September 2022**

COVID-19 is still in our community. Our schools will continue to prioritize health and safety and follow protocols to prevent the spread of any communicable diseases. As always, we will be following the current COVID-19 guidelines in K-12 schools which are similar to how we ended the last school year. You can view the guidelines [here](#). We are sharing important reminders for students, staff, and families, to help keep our school community safe:

- Stay home when sick
- Be aware of your health daily
- Practice proper handwashing hygiene
- Practice proper coughing and sneezing etiquette

Below is an excerpt from the guidelines on What To Do When Sick:

### **What To Do When Sick**

Staff, students, or other persons who are exhibiting new symptoms of illness (including symptoms of COVID-19 or gastrointestinal illness) should stay home and follow the BCCDC guidance outlined below:

If the person is experiencing COVID-19 symptoms

### **BCCDC Guidance**

The [When to Get Tested for COVID-19](#) resource or the [B.C. Self-Assessment Tool](#) provides more information on whether you should get a test for COVID-19. Those unsure or concerned about their symptoms should connect with a health care provider or call 8-1-1.

Staff, children, or other persons in the school setting who test positive for COVID-19 should follow the guidance on the [BCCDC website](#) as to how long they should self-isolate. They can return to school when they no longer need to self-isolate as long as symptoms have improved, and they are well enough to participate in regular activities. Schools should not require a health care provider note (e.g., a doctor's note) to confirm the health status of any individual, beyond those required to support medical accommodation as per usual practice.

Thank you for your cooperation and support in helping maintain positive and safe learning environments. If you have any questions or concerns, please contact the school office.